

Alternative Spring Break Fact Sheet

Congratulations on being accepted to ASB! We are thrilled to have you in Detroit. As questions arise in the lead up to ASB Detroit, please feel free to contact Angela Walker at United Way for Southeastern Michigan at 313.226.9450. This Fact Sheet will hopefully answer many of your questions.

Where am I staying?

- Participants are staying at:
 - University of Michigan Dearborn
4901 Evergreen Rd.
Dearborn, MI 48128
<http://www.umd.umich.edu/>
- Students may be housed at an additional site on Thursday and Friday evening. More information will follow as we get closer to ASB Detroit.

How can I get to Detroit Michigan?

Please go to <http://www.zoomerang.com/survey.zgi?p=WEB227C3EAK6X4> with your travel plans by **Monday, February 4th**.

- **Team Leaders must arrive on Friday, February 22nd between 8:00am-4:00pm and depart from Detroit on Saturday, March 1st between 8:00am-5:00pm.**
- **Participants must arrive to Detroit on Saturday, February 23rd between 8:00am-5:00pm and depart from Detroit on Saturday, March 1st between 8:00am-5:00pm.**
- By plane:
 - Detroit Metropolitan Airport (DTW)
 - Team Leaders must arrive on Friday, February 22nd between 8:00am-4:00pm.
 - Participants must arrive on Saturday, February 23rd between 8:00am-5:00pm
 - A shuttle will pick you up from the airport. Specific shuttle arrangements will be provided within the coming weeks.
 - For airlines that fly into DTW go to: www.metroairport.com/airlines/
- By bus:
 - Detroit Greyhound Bus Station
1001 Howard
Detroit, MI 48226
www.greyhound.com

- By car:
 - University of Michigan Dearborn University Center
University of Michigan Dearborn
4901 Evergreen Rd.
Dearborn, MI 48128
<http://www.umd.umich.edu/>

If you arrive by car please be advised that you will need to check-in your car keys when you arrive for ASB 2008 for your safety and the safety of your vehicle. Participants will not be able to leave the program with the use of their own vehicle for liability purposes. Your car will be secured on the University of Michigan's Campus the entire week of February 22nd-March 1st. All transportation throughout the week will be provided by United Way for Southeastern Michigan.

What should I bring?

- You should bring the following items:
 - Work gear – if you work in it, it will most likely get trashed
 - Sleeping bag/bedding and pillow (you will have a mattress, but no bedding is provided)
 - T-shirts (some long sleeves, too)
 - Long pants / jeans
 - Clothes to wear around base camp after work (i.e. clean jeans and sweatshirts)
 - Rain gear
 - Work boots with a steel toe – think safety on the project sites!
 - Hat or cap
 - Work gloves
 - Winter Coat
 - Winter gloves and hat
 - Insect repellent
 - Eye protection
 - Towel
 - Personal hygiene items
 - Any medications that you take (and have prescription for)
 - Books, Magazines
 - A journal
 - Pen
 - A flashlight
 - A towel
 - Flip flops / shower shoes

- Camera - participants are welcomed to bring digital cameras and video cameras, but should keep it with them at all times and keep in mind there may not always be a place to lock them up
 - SENSE OF HUMOR, an open mind, flexibility, a positive attitude, & a readiness to make a difference
- You should **NOT** bring the following items:
 - Drugs
 - Alcohol
 - Pets
 - Lots of cash
 - VALUABLES. Although we work to ensure our volunteers' safety, we recommend that you leave valuables like iPods, MP3 players, computers, and other electronic devices at home.

What will be provided during the week?

- Shelter: The University of Michigan Dearborn will provide participants with beds, a common area, and a dining facility.
- Bathroom facilities: There will be adequate showers for the week, though participants will want to bring a towel, flip flops or shower shoes and possibly a small shower caddy.
- Electrical outlets: There will be some outlets available at the Volunteer Center; however, participants will be sharing the facilities with many people so access to electrical outlets may be **EXTREMELY** limited.
- Food: All meals will be provided. Breakfast and dinner will be served sit-down style. Lunch will be served in the field and may be bagged sandwiches, fruit and/or Meals-Ready-to-Eat. Participants may purchase snack at other times.
- Computer access: Limited computer access will be available throughout the week.
- Refrigerator: A refrigerator will be provided to store medications only.

What is the weather like in Detroit Michigan?

- Spring is a chilly yet beautiful time in Southeastern Michigan with the average temperatures ranging from 38-60 degrees daily. These are only predicted AVERAGES.
- Make sure to check weather.com before you leave your destination.
- Bring layers, waterproof and water-resistant gear.

What service projects will I be working on?

- There will be several service projects going on throughout the week. They will include: neighborhood beautification projects, home renovations, agency painting projects and other exciting volunteer projects to improve southeastern Michigan.
- We ask for your flexibility throughout the ASB week in order to most positively impact Southeastern Michigan and help rebuild their community; thus, we will be assigning teams to projects for the week.
- To learn more about the United Way for Southeastern Michigan please go to: www.uwsem.org.

How can I learn more about ASB and last year's project, Storm Corps?

- Visit the Storm Corps blog at http://stormcorps.typepad.com/my_weblog/
- Or visit United Way's ASB website, where we'll be giving you ASB 2008 updates at <http://national.unitedway.org/asb/>
- Or visit MTV's website at www.mtv.com/thinkmtv/features/alternative_spring_break/index_2.jhtml