



Connecticut's Ages & Stages (ASQ)
Child Monitoring Program
Child Development Infoline-UWC
1-800-505-7000



Every parent wants their child to be healthy and develop new skills as expected for the child's age. The Ages & Stages (ASQ) Child Monitoring Program offered by Connecticut's Help Me Grow program, can help reduce any worries a parent has about their child's development. The Ages & Stages Questionnaires provide a fun, interactive way to understand the many changes a child goes through.

ASQ questionnaires are available for 4, 8, 12, 16, 20, 24, 27, 30, 33, 36, 42, 48, 54 and 60 months of age. Participation in this program is voluntary and at no cost to the family. To begin the process, the family completes the enrollment form and sends it to Child Development Infoline. At the appropriate age, a questionnaire is sent to the family. Upon receipt of the completed questionnaire from the family, Child Development Infoline scores it and shares the result.

If a completed questionnaire shows that the child is developing on schedule, a letter is sent to the family with this information, along with fun activities for the family and child to enjoy. The next age level questionnaire is mailed to the family at the appropriate time.

If the completed questionnaire leads to a concern about the child's development, a Care Coordinator from Child Development Infoline will contact the family to discuss those concerns. The family may then choose to have their child's development evaluated through the Connecticut Birth to Three System, if the child is under age three, or by the local school district, if the child is between three and five years old.

Results of the questionnaires may also be sent to the child's primary health provider if the parent gives written consent.

Examples of questions from the ASQ:

- 4 months: Does your baby make high-pitched squeals?
- 8 months: Does your baby get into a crawling position by getting up on her hands and knees?
- 16 months: Does your child feed himself with a spoon, even though he may spill some food?
- 20 months: If you give your child a bottle, spoon or pencil, does he or she turn it right side up so that it may be used properly?
- 30 months: Does your child turn pages in a book one at a time?